2:00 P.M. – 2:45 P.M.
General Session ...................................................(Cosmopolitan B)
“The Developmental Road to Competition: A New Paradigm for the United States”
Speaker:  Jolynn Kuhlman, Ph.D., and Kathy S. Ginter, Ph.D., Indiana State University

Long Term Athlete Development is not about eliminating competition, but decreasing its emphasis during the early stages of development. Is the United States ready to travel the developmental road? The steps necessary to complete the journey down this road will be discussed in relation to training youth sport coaches and physical educators.

3:00 P.M. – 3:45 P.M.
Breakout Sessions ...............................................(Cosmopolitan C)
“Noting the Great Game: Using Notational Analysis to Assess Sportsmanship Behaviors”
Speakers: Jody Brylinsky, Ph.D., Western Michigan University; Nasnoor Juzaily Bin Mohd Nasiruddin, Western Michigan

This presentation will feature the results of a pilot study using the parameters of the “Great Game” (Fraleigh, 1984). Recommendations will be made on how best to use notational analysis as performance and process indicators for assessing sportsmanship interventions and developing coaching education curricula.

“The Not-So-Obvious Tools Coaches Might Be Missing!” .............................................(Cosmopolitan D)
Speakers: Fran Hoogerstraat, Ed.D., Franklin Road Academy, and Michael Phillips, Ph.D., Tennessee Technological University

The focus of this presentation is on why coaches could prioritize relationship-building and communication techniques with their athletes; tools that build the bridges toward motivating the student-athlete, increasing cooperation and still working toward the fun of winning.

4:00 P.M. – 5:00 P.M.
Breakout Sessions ...............................................(Cosmopolitan C)
“Developing Engaged Moral Citizens Through Sport” .............................................(Discovery)
Speakers: Kristin Komyatte Sheehan, M.A., University of Notre Dame, and Oscar McBride, MCAA, University of Notre Dame

Coaches can develop a team culture that is inclusive, supportive, selfless and just. This session provides the research and tools for coaches to build a team that is a genuine moral community.

4:00 P.M. – 5:00 P.M.
Breakout Sessions ...............................................(Cosmopolitan C)
“Developing Amazing Leaders”
Speaker: John Kessel, Managing Director, USA Volleyball

A PowerPoint lecture of principles which result in methods that works across all sports in player empowered coaching. Unique photos combine with insightful ideas that blend into a template of being a better teacher of sport for all ages.
“Developing Momentum for Promoting Coach Education Options”..................................................(Cosmopolitan D)

Speakers: Bruce Brown, CMAA, AIC, Athletic Administrator, Uniontown Lake High School, Ohio; Bobby Guthrie, CMAA, AIC, Administrator for Athletics, Wake County, North Carolina Public School System; Chuck Schmidt, Associate Executive Director, Arizona Interscholastic Association

This panel of outstanding athletic administrators will provide an overview of ideas, strategies and initiatives that have been implemented in states around the country. This is a “best practices” review. Handouts and data will be distributed to attendees.

“Making Youth Sports Accessible to All Athletes Through Universal Design for Learning” .............................(Discovery)

Speakers: Margaret Flores, Ph.D., BCBA-D, Auburn University; Tiffanye M. Vargas, Ph.D., University of Texas at San Antonio; Robbi Beyer, Ph.D., California State University at Los Angeles

This presentation will provide information about techniques and methods for planning and teaching diverse groups of athletes using the framework of UDL. This will include description, modeling, demonstrations and hands-on activities combined with lecture.

**WEDNESDAY, JUNE 20, 2012**

8:00 A.M. – 8:45 A.M.

General Session ....................................................(Cosmopolitan B)

“The United States Sports Development System”

Speaker: Dave McCann, Institute for Sport Coaching

This presentation unveils a plan for the implementation of the “Americanized” version of Coaching Sport 4 Life from Canada. An explanation of the structure, key principles, identification of the partners and the mechanism for implementation will be presented.

9:00 A.M. – 9:45 A.M.

Breakout Sessions ...............................................(Cosmopolitan C)

“Utilizing Cultural Diversity to Maximize Coach and Athlete Development”

Speaker: Katherine Wurst, M., Rugby Development Advisor, Ban Mixay, Chanthabouly

Inspired by research gathered by the International Sport Connection (ISC)/Coach Education/Cultural Exchange Program, the author chose to independently accept the challenge of assisting in the development of an emerging sport program in a developing nation. Examples will be shared of how effective sport coaching involving differing cultures leads to personal growth, appreciation of others and community development for all involved parties.

“Burnout/Dropout: Reasons for It and How to Prevent It” .................................................................(Cosmopolitan D)

Speaker: Mike Singleton, Executive Director of Massachusetts Youth Soccer

By age 14, more than 70 percent of children drop out of sports. This presentation will discuss common pitfalls of coaches, administrators and parents, and will highlight ways to turn the tide to keep children playing, thriving and smiling in sport… hopefully for life!

“3 v 3 as the Optimal Pathway for the Development of Youth Basketball Players” ...........................................(Discovery)

Speaker: Brian McCormick, Doctoral Student, University of Utah

Recreational and developmental players are interested in fun, playing with friends, learning new skills and competing against players of the same ability. 3 v 3 leagues increase activity, decrease the pressure to win, reduce negative coaching and get every player playing.

10:00 A.M. – 11:00 A.M.

Breakout Sessions ...............................................(Cosmopolitan C)

“An Introduction to the Multicultural Sport Coach Competencies (MSCC): Implications for Sport Coaches’ Ethical Practice with Diverse Athletes”

Speakers: Joe W. Burden, Ph.D., University of Central Florida; Jody Brylinsky, Ph.D., Western Michigan University; and Jay Coakley, Ph.D.

Since there is no recognized document that lists best practice standards for coaches relative to the diverse needs of their athletes. This presentation introduces the Multicultural Sport Coach Competencies (MSCC) as part of such a list. The interactive/lecture discussion will include the presentation of videos which display the dynamics of multicultural sport coaching competencies.
“The Case for Cultivating Intrinsic Motivation: Strategies for Putting the FUN Back Into Youth Sports”  (Cosmopolitan D)

Speakers: Kelly S. Witte, Ph.D., University of Wisconsin-Whitewater; and Lynda Butler-Storsved, M.A., Lecturer, Elon University

This interactive/lecture session is designed to share instructional strategies suggesting ways for prospective coaches and parents to cultivate intrinsic motivation in hopes of creating a greater culture for sport for life. The importance of teaching fundamentals at age-appropriate developmental levels, training methods that have improve motivation, and the coach/parent role in the process.

“Helmet-Free-Tackle”  (Discovery)

Speaker: Bobby Hosea, Founder and President, Train’Em Up Academy, Inc.

According to medical experts, HELMET-FIRST-IMPACT in the act of tackling is the primary cause for all catastrophic brain, neck and spinal cord injuries on every level of tackle football competition. The presentation will include visual media, lectures, posters and interactive audience participation.

11:00 A.M. – 11:45 A.M.

Breakout Sessions  (Cosmopolitan C)

“Closing the Certification Gap: The USATF/NFHS Fundamentals of Coaching Track and Field Course”

Speakers: Terry Crawford, Director of Coaching, USATF Lawrence W. Judge, Ph.D., Ball State University Bodey, K.J., Ph.D., Indiana State University

Quality sport programs provide athletes with opportunities to thrive. A well-qualified coach is defined as a competent coach. That is, a person trained in a core body of knowledge and committed to implementing best practices in the sport setting. This presentation aims to share how USTAF is closing the certification gap through evidence-based changes in its coaching education program.

“Developing the Newest Olympic Sport”  (Cosmopolitan D)

Speakers: Mollie McCarthy, Coach Development Manager, USA Rugby; Erin Kennedy, Youth Development Manager, USA Rugby

This presentation will highlight through human-interest stories, how the coaching education structure for the newest Olympic sport is implemented around the country. It will highlight the lives of current rugby coaches at various levels who have benefited from the USA Rugby Coach Development Program.

“Credible Coaches Create Confident Competitors”  (Discovery)

Speaker: David Benzel, President and Founder of Growing Champions for Life

This workshop explores questions and provides answers to some of the most critical issues in helping athletes create and maintain their self-confidence, while getting free of the opinion of others. A coach’s credibility is judged on the environment created, the emotions managed, and life skills taught. This workshop will help coaches master the right-brain skills that earn this kind of credibility.

1:45 P.M. – 3:45 P.M.

General Session  (Cosmopolitan B)

“Using Coaching Education to Help Save Intercollegiate Olympic Sports: The NWCA Coaching Leadership Program Example”

Speakers: Daniel Gould, Ph.D., Institute for the Study of Youth Sports (ISYS) Michigan State University D., US Army; Andy Driska, M.S. ISYS, MSU University

This session will present an overview of the Coaching Leadership Academy (CLA) developed for the National Wrestling Coaches Association (NWCA). The strengths and weaknesses of the program will be identified with a discussion on how this program can be adapted to other sports. This will be an interactive session.

4:00 P.M. – 4:45 P.M.

Breakout Sessions  (Cosmopolitan C)

“Utilizing the Concept of Mechanical Specificity in Programming for Sports Training”

Speakers: David Bellar, Ph.D., CSCS, University of Louisiana-Lafayette; and Lawrence W. Judge, Ph.D., Ball State University

Effective program design must address energetics, mechanics and coordination characteristics specific to throwing. This presentation will highlight the importance of using scientific principles in designing and implementing strength and conditioning protocols.
“Developing the Competitive Environment” ..........................................................(Cosmopolitan D)
Speaker: Kyle McDonald, Associate Head Coach, Iowa State University

Developing the competitive environment focuses on the responsibility of the coach as a process focused individual for the long-term development of his or her athletes. This presentation looks to establish the concept of hardness in coaches as it relates to their development of environments that prepare athletes for performance and the performance consequences itself.

“Ethical Decision-Making in Coaching Education: New Direction” ....................................................(Discovery)
Speakers: Melissa Murry, Ph.D., University of Southern Mississippi; Linda J. Schoenstedt, Ed.D., Xavier University; and Kristen Dieffenbach, Ph.D.

The purpose of this interactive roundtable is to discuss options for including training on ethical decision-making in coaching education with the goal of equipping future coaches with the necessary skills to make good decisions.

THURSDAY, JUNE 21, 2012

8:00 A.M. – 8:45 A.M.
General Session ....................................................(Cosmopolitan B)
“Strength and Conditioning” ..........................................................(Cosmopolitan D)
Speaker: David Sandler, NSCA

9:00 A.M. – 9:45 A.M.
Poster Session .....................................................(Cosmopolitan B)
“Developing Character in Athletes Using Motivational Stories,” Mark Stanbrough, Ph.D., Emporia State University

“Overhead Loading Increases Trunk Stability, Strength, and Decreases Injury Risk,” Micailah Brock, M.A., CPT

“Emphasis, Styles, and Behaviors: Are Coaches on the Right Track?” Kimberly J. Bodey, Ed.D., Indiana State University; Lawrence W. Judge, Ph.D., Ball State University; Erin Gilreath, MS, Indiana State University; and Laura Simon, Ball State University

“The Games Approach: Having Fun While Accomplishing Goals,” Mark Stanbrough, Ph.D., Emporia State University

“The Use of Post Activation Potentiation (PAP) to Improve Athletic Strength,” Erin Gilreath, Indiana State University; Lawrence W. Judge, Ph.D., Ball State University; David Bellar, Ph.D., University of Louisiana at Lafayette, and Laura Simon, Ball State University

10:00 A.M. – 10:45 A.M.
Breakout Sessions ...............................................(Cosmopolitan C)
“Looking at the National Standards for Sport Coaches Through a Developmental Lens” ....................................................(Cosmopolitan C)
Speakers: Matt Lydum, Ph.D., USTF Coaching Education Youth Level; and David Shrock, Ed.D., Modesto Junior College

This interactive session provides insight into how coaching education can be informed by our understanding of the rapid changes happening in athletes during the years when they are typically introduced to sport.

11:00 A.M. – 12:00 P.M.
General Session.....................................................(Cosmopolitan C)

“Coaching Lessons from Years in the Rink” ..........................................................(Cosmopolitan D)
Speakers: Larry Lauer, Ph.D., Michigan State University; Sam Licata, Associate Coach-in-Chief, USA Hockey (retired)

In this presentation a highly experienced youth hockey coach and coach educator will discuss how, through the years, he has developed his expertise in creating a caring, positive climate for his players.

“Life Skills in Youth Sports: Creating 15 Minute Lesson Plans” ....................................................(Discovery)
Speakers: Rebecca Zakrjasek, Ph.D., University of Tennessee; and Kim Bodey, Ph.D., Indiana State University

This session provides a way for coaches to intentionally plan for life skill training to be a natural and purposeful part of the youth sport experience.

Register Online at www.nfhs.org/Conferences