Travel:
• All student/athletes are expected to ride the bus to and from an athletic event. If requesting special permission to transport your child to/from an event, please ask 36 hours in advance through the LAPS Athletic Office.
• Parents can sign their child out from an away contest and transport them home.
• Appropriate Pick-up/Drop-off Locations:
  - Mid School   - Phillips 66 in Pojoaque
  - High School  - Lowes in Espanola
  - White Rock Shell Station
• After Practice Transportation: Students/Parents are encouraged to carpool as much as possible. The Atomic City Transit is available for students to ride following practices/games.

Home School Student-Athletes:
• Additional paperwork is needed to meet NMAA requirements.
• Please make an appointment with Ann Stewart, LAPS Athletic Director to complete these requirements.

Concussion Law in New Mexico: (Senate Bill 1)
• Return to Play Guidelines:
  - Immediately remove athlete from activity
  - 10 day minimum out of activity from the date of last symptom before returning to activity
  - A written release from a medical professional is required to return to activity
  - Coach monitors athlete after returning to physical activity

Locker Rooms:
• Students are responsible for locking their belongings in their athletic locker. Lost or stolen equipment is the responsibility of the athlete.

8th Grade Participation at the High School Level:
• 8th grade athletes have the opportunity to try-out for HS teams in the following sports: Soccer, Golf, Tennis, Swimming, Diving, Softball and Baseball.
• At the conclusion of their 8th grade sports season, some athletes may have the opportunity to try-out for HS teams in the following sports: Cross Country, Volleyball, Wrestling, Girls Basketball, and Track & Field.
Eligibility:
• LAMS Athletes must follow all NMAA requirements
• Scholastic – 2.0 GPA, passing 4 classes, fail no more than one class – NO EXCEPTIONS!
• LAMS is on a 9-week grading period. If ineligible, the athlete cannot travel or compete, but may practice.

Dual Participation:
• NMAA Handbook Jr. High Section 9.5
• Participation on a non-school team in the same sport during the school season is discouraged. If a student is allowed by the school to participate in this manner, the student is expected to give the interscholastic schedule precedence. In the event of a conflict with the school schedule, the decision will be left up to the local school administration.
• Participation in different sports-school/club: students required to disclose conflicts with school sports. Must have written permission of the school coach.
• Participation in other outside activities while participating in a school sport: students are required to disclose conflicts with school sports.

Attendance:
• Students must attend class the day of an event and the Friday before a Saturday event. If a student is absent, they will not participate in that event.
• Students are expected to be at every practice. Exceptions can be made for help sessions, Dr. or Dentist appt., etc.
• Please communicate with your coach – Any absence may affect playing time.

Athletic Training:
• If an injury occurs, please notify your coaches. Athletes are encouraged to utilize our Athletic Trainer at the HS, Mick Matuszak. If an athlete is seen by a Dr., he/she cannot participate until released by a Dr.
**A current Physical and InfoSnap online paperwork are required to be completed prior to any participation (practice or competitions) in LAMS Athletics.

Parent/Coach Relationship:
• We want athletes to have a positive experience at LAMS.
• Communication is essential to help keep issues from forming into conflicts.
• You have every right to know what expectations are placed on your student.
• Things may not go the way you or your student wishes; discussion may clear up the issue and avoid misunderstanding - please talk to the coach.

Communication You Should Expect From Your Child’s Coach:
• Philosophy
• Expectations
• Location/times of practices/games
• Team requirements
• Procedures following an injury
• Code of conduct/discipline
• Lost/damaged/outstanding equipment
• Spirit Packs

Appropriate Concerns to Discuss With Coaches
• Mental/physical treatment of your child
• Ways to help your child improve
• Concerns about your child’s behavior

Inappropriate Issues To Discuss With Coaches
• PLAYING TIME- THIS IS A COACH’S DECISION
• Team strategy and what position your child plays
• Play Calling
• Matters concerning other student-athletes - against FERPA laws

To Discuss An Issue
• Request a meeting with the coach. Please DO NOT request it immediately preceding or following a practice or game.
• Please go to the coach before you contact the athletic office.
• If you do not hear from the coach, notify the Athletic office.
• Understand that the student-athlete will be present in the meeting with parents and coaches.
• Regardless of the outcome, if you feel the need, please contact the Athletic office to set up a meeting with the AD to find an appropriate next step.